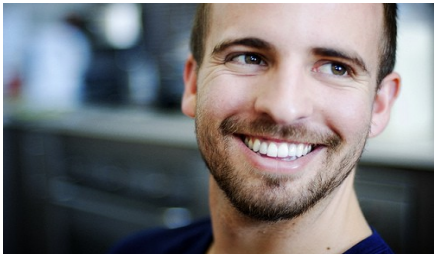


Why Chiropractic?

The Journal of Oral Rehabilitation recommends examination of the cervical spine in TMJD patients, even without cervical complaints. These findings are supported by the journal of Cranio and Clinical Oral Investigation as well.

At The Wellness Way Fort Mill, we are trained to examine your neck and jaw to determine the best course of co-managed care with your oral health physician.

The position of the head and neck are intricately connected. With proper care and treatment of spinal disorders, TMJD patients can achieve pain relief and correction. Treatments at The Wellness Way Fort Mill enable the body to respond to dental changes so that care received from your oral health physician has greater and lasting results.



What causes TMJD?

TMJD (Temporomandibular Joint Dysfunction) is a collective term for a broad range of disorders displaying a variety of signs—

- radiating pain in the face, neck, or shoulders
- limited movement or locking of the jaw
- painful clicking or grating when opening or closing the mouth
- significant change in the way the upper and lower teeth fit together

Symptoms can also include headaches, earaches, dizziness, hearing problems, and difficulty swallowing.¹

Cervical spine disorders are perpetuating factors for TMJD, although most patients do not attribute these symptoms to neck problems.

¹American Chiropractic Association (2001)

TMJD patients receive

- Full examination to determine the best treatment plan
- Pre/post X-rays
- Multiple exams to evaluate progress
- Gentle and safe adjustments
- Exercises to strengthen and stabilize the jaw and neck
- Therapies to re-train muscles for proper movement of the jaw
- Therapies that balance muscles for proper function



Dr. Eric Hellmann is a wellness advocate. He speaks locally and nationally about his unique approach to health. He has also appeared as a guest on TBN.

Born in Lexington, Ky., he entered the military

after high school, served in Desert Storm, after which he received his BS in human Biology at Logan College of Chiropractic in St Louis, Missouri. He received his Doctorate from Sherman College of Chiropractic in Spartanburg, SC in 2001 and has owned and operated chiropractic clinics for over 10 years. He has been married to his lovely wife, Kelly, for 22 years and they have 3 incredible children, Savannah, Lucas, and Jacob.

Dr. Hellmann's advanced training in TMJ corrective treatment, Spinal Biophysics, Enzyme Nutrition and Digestive/Internal Health gives him a unique advantage in relieving patients' physical pain as well as internal health imbalances.

Driven by his passion to serve, he has mentored and coached many doctors and helped thousands of patients from infants to seniors including collegiate and professional athletes.

Dr. Hellmann owns and operates The Wellness Way in Fort Mill, which is part of a national group of chiropractic and holistic health clinics known for their unique approach to helping patients live healthier, internally balanced, and "well adjusted" lives.

Eric C. Hellmann, DC
803 547 5656

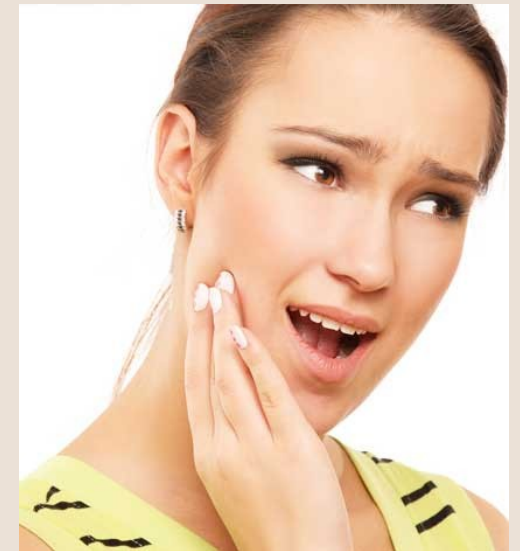
The Wellness Way Fort Mill
202 Springcrest Drive
Fort Mill, SC 29708
Rhellmann@twwclinics.com

The office is located in the
Peachtree Plaza off 160

Coming from 177 onto 160 you will pass
Mumm Rd and take the entrance into the
Peachtree plaza by the bilo sign.

Coming from 21 you will pass the Peach
Stand and turn at the second left by the
bilo sign into the plaza.

As you enter , take an immediate right to
turn the corner and our office is right there!



**Treating TMJD/
Jaw Pain
with Chiropractic**